

# Cookery

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'I remember that first day well, I couldn't believe I was going to spend nine months learning everything I wanted to. It was awesome being around people who were also passionate about food. My classmates and tutors made it a really fun year, I'm still close with a lot of them now.'

# Lizzie

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 Cookery

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 Chef de Partie

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Lizzie first stepped foot into a restaurant kitchen when she was in high school. After a week, she knew she wanted to be a chef.

Her passion for hospitality grew, and the following summer, Lizzie spent the whole time working. When she came back to school, it didn't feel like the place for her anymore. It was Lizzie's cooking teacher who first told her about WelTec.

"I went in for a look around when I was at high school, and I remember thinking how cool it looked. Everyone had their chef jackets on, it really looked like the place for me."

Lizzie enrolled in the Level Four Certificate in Cookery. "I remember that first day well, I couldn't believe I was going to spend nine months learning everything I wanted to. It was awesome being around people who were also passionate about food."

Lizzie would spend the morning in class, and then in the evening she would work, fully immersing herself in the industry.

"The way we'd work in class replicated the environment of a real kitchen. We'd spend the whole four-hour class working in a group, figuring out who needed to do what, and helping each other along the way."

Now, Lizzie is a Chef de Partie at Koji, where she's learning from a small team of people passionate about food. She loves the open kitchen, which allows her to see the customers' reaction from across the restaurant, and if they want to ask her a question, they can. Seeing their reaction is super rewarding.

To anyone interested in studying Cookery or Bakery, Lizzie says, "If you have a passion for something, and you know it's what you want to do, just do it. You won't regret it. Just follow what you're excited about."

Read Lizzie's full story on our website. Follow the QR below.



# New Zealand Certificate in Cookery (Level 4) Managed Traineeship

📖	Level 4
🕒	2 years part-time
💰	\$6,400 (indicative for 2023 intake)

## Entry requirements

Candidates must be employed for a minimum of 24 hours per week in a WelTec approved hospitality business in an appropriate position (e.g.: Kitchen Assistant, Commis Chef, Junior Chef or similar role).

If you're working in a commercial kitchen or an employer wanting to develop your staff, this is the programme for you. "Earn while you learn" and turn your experience into a qualification and become a qualified chef. Develop your skills from the basics to advanced techniques guided by our professional chef tutors in a hands-on purpose-built environment.

## What you will learn

The WelTec Managed Traineeship leads to the New Zealand Certificate in Cookery Level 4 and is specifically designed for trainee chefs already working in professional kitchens.

The two year, block release programme supports trainees to work towards becoming a qualified chef whilst continuing to be employed in the industry.

You will learn through practical tutorials and workshops and be assessed in a purpose-built environment alongside other trainee chefs. Access to our online learning system and regular onsite visits will provide additional support to both the trainee and the employer throughout the process.

- Cooking methods and their applications
- Cold larder techniques
- Food safety, Health and safety
- Standard operating policies and procedures for commercial kitchens
- Preparation, cooking and presentation of fish dishes
- Farinaceous and vegetable dishes
- Preparation, cooking and presentation of meat and poultry dishes
- Patisserie techniques to produce and present desserts
- Techniques to produce dough and pastry products

Disclaimer: The information contained in this document is correct at the time of print. Whitireia and WelTec | Te Pūkenga reserves the right to cancel or postpone any of the programmes, and shall not be liable for any claim other than the proportion of programme fees that the cancelled portion bears. Some programmes may be dependent upon formal approval from NZQA (New Zealand Qualifications Authority), TEC (Tertiary Education Commission) funding allocation, and the number of enrolments. As part of the NZQA targeted review of all Level 1-6 New Zealand qualifications, there may still be changes to some programmes starting in 2024. Fees, programmes, entry and selection criteria, and dates, are subject to change. Please check the relevant programme pages at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz) for up-to-date information and full entry regulations before applying to enrol. Information regarding English language requirements is available on each course page at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz).