

# Counselling and Addictions Practice

[whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz)





'I want to make a positive impact on people's lives.'

# Arahina



NZ Diploma in Youth Work



Māori Women's Development Inc.

For Arahina, no two days are the same. Currently working for Māori Women's Development Inc. as the Rangitahi Project Manager, Arahina spends her days organising programmes and events across Aotearoa with young people in schools and youth organisations, teaching them to run business enterprise programmes.

Arahina started her journey with WelTec in 2015, completing a degree in Youth Work in 2018 (see similar programmes). Her experience going through hard times as a young person herself fuelled her passion to become the role model she wished she always had.

For Arahina, youth work is her way of giving back to her community and helping people turn their lives around. Her favourite part of the job is igniting an excitement for entrepreneurship within young people and introducing them to tools they can create a future in business with.

As a Māori woman, it was important for Arahina to be able to share her learnings at WelTec through things like waiata and sharing stories, and her tutors encouraged her to be true to her culture and identity which helped her finish the programme. To this day, Arahina still implements models she learnt at WelTec into her everyday work.

Arahina's mahi inspiring youth to spark their inner entrepreneur has inspired her own passion for entrepreneurship, as she plans to start her own business one day in the future. Her advice for students interested in studying Youth Work is to use your passion as your drive. "Continue to tap into your passion for working with youth and remember your drive."



# Bachelor of Counselling and Addiction Practice

	Level 7
	3 years, full-time (part-time options)
	07 Jul 2025 (Porirua) 07 Jul 2025 (Porirua) 07 Jul 2025 (Porirua)
	\$7,700 per year (indicative for 2023 intake)
	\$25,000* per year (indicative for 2023 intake)
	10 credits

Make a difference with a career in counselling and addictions.

## Programme outline

This three year applied programme is for people wanting to become addictions practitioners and counsellors. The focus is on applied practice in addictions and counselling, and the development of skills and knowledge that are valued, both in a range of occupations and professions and in the wider community.

This programme develops graduates who are able to practice professionally according to the values and ethics of the Addiction Practitioners' Association, Aotearoa-New Zealand (DAPAANZ) and the New Zealand Association of Counsellors (NZAC).

## More detail about this qualification

### Teaching and Learning

You are required to attend on-site block courses at the Whitireia (Porirua) campus, as well as complete online learning, which you will need to self manage. This programme uses a blended teaching approach to enable the development of skills and knowledge. These may include active learning, self-directed, tutor directed learning, online learning, tutorials, workplace learning (practicum), simulated workplace learning, self and peer assessment, group work, professional supervision, reflective practice.

### Year one

Year one introduces ākonga to a range of counselling

approaches, concepts of mental health, society and social justice, tiriti o waitangi, indigenous knowledge and various theories, that impact themselves, clients and the community.

### Year two

Year two is aimed at developing the students understanding of research, approaches to counselling and addictions practice skills with individuals, families/whānau in a professional setting.

### Year three

Year three consolidates practice and theory knowledge in preparation for undertaking the roles and responsibilities of the industry. Preparing ākonga for membership to NZAC NZCCA and DAPAANZ.

### Practicum

To gain a Bachelor of Counselling and Addiction Practice degree, students must complete practicum placement experience of 120 hours in year two and 120 hours in year three. One of these placements must be in an addiction setting and the other must be in a general counselling setting.

Year 2 & 3 students must also complete five hours cultural supervision and twelve hours clinical supervision (supervision may incur additional costs of between \$50- 120 an hour, payable by the student).

## Course-related costs

This programme is delivered by blended learning (face-to-face and online learning), so you will need a computer/laptop and internet access at home (students will also need to be able to study from home should Covid-19 Alert Levels change). Please note your phone is not an appropriate device.

- Stationary: \$100
- Computer/ Laptop: varies

## Entry requirements

### Domestic

University Entrance or equivalent study/work experience; and evidence of suitability based on interview, health declaration; safety check and referee reports.

Disclaimer: The information contained in this document is correct at the time of print. Whitireia and WelTec | Te Pūkenga reserves the right to cancel or postpone any of the programmes, and shall not be liable for any claim other than the proportion of programme fees that the cancelled portion bears. Some programmes may be dependent upon formal approval from NZQA (New Zealand Qualifications Authority), TEC (Tertiary Education Commission) funding allocation, and the number of enrolments. As part of the NZQA targeted review of all Level 1-6 New Zealand qualifications, there may still be changes to some programmes starting in 2024. Fees, programmes, entry and selection criteria, and dates, are subject to change. Please check the relevant programme pages at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz) for up-to-date information and full entry regulations before applying to enrol. Information regarding English language requirements is available on each course page at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz).

## International

Academic IELTS 6.5 in each band, or equivalent.

### Selection criteria

Applicants who meet entry requirements are processed on an individual basis by members of the Selection Committee until course numbers are met. This process involves an interview to determine:

- Preparedness for tertiary study
- Ability to meet the registration/membership bodies' requirements in terms of being fit for registration/membership. Applicants must be able to demonstrate the following qualities:
  - Effective interpersonal communication skills
  - Appropriate presentation
  - Maturity and Positive attitude
  - Commitment and motivation to succeed

Once course numbers are met, students are wait-listed in order of the date in which their application was received.

### Safety check

The Children's Act (2014) requires all students, who may work with children during the course of their study, to be safety checked. Safety checking includes reference checking, work history, identity check, police vet and an overall assessment of the applicant's safety to work with children.

### Health screening

Students may be required to complete health screening to provide current evidence of their immunisation status, as required by Te Puna Whai Ora | Ministry of Health and health organisations offering clinical learning experiences.

If students are placed at a work placement that is covered by the COVID-19 Public Health Response (Vaccinations) Order 2021, they will be required to be fully vaccinated against COVID, including a booster dose, as they will have frequent contact/engagement with those providing health services and are considered tied to a role within a healthcare setting.

These requirements would be discussed with students attending one of these work placements.

### I'm unsure I meet the entry requirements

If you are unsure whether you meet the entry requirements, you should still apply. For some applicants we may recommend completion of some FREE Tūāpapa study modules prior to the start of the programme, which will build on your current skills and experiences to support your academic achievement.

## Credit recognition

If you have relevant skills and knowledge through study or experiences in work or other activities, you may be able to receive credit for them when enrolling in a programme of study. This is done through a process called credit recognition.

Credit recognition is not available for the practicum courses (CA5106, CA6205 and CA7300).

### How to apply

Before you start your online application, you will need to have the following documentation available to upload when requested:

- Completed Supplementary Application Form for Health and Social Services Programmes
- Referee report\*
- Verified ID
- Verified official academic transcripts

\*Give the referee report to someone who is willing to be your referee. Ask them to complete the forms and either return to yourself (so you can upload with your application), or scan and email to [enrolments@wandw.ac.nz](mailto:enrolments@wandw.ac.nz) within 10 days.

Alternatively completed applications can be emailed to [enrolments@wandw.ac.nz](mailto:enrolments@wandw.ac.nz) or dropped into:

Enrolments, Whitireia New Zealand, 3 Wi Neera Drive, Porirua

For international applicants - please email your completed application to [international-admissions@wandw.ac.nz](mailto:international-admissions@wandw.ac.nz)

### Supplementary application form



### Referee report



Disclaimer: The information contained in this document is correct at the time of print. Whitireia and WelTec | Te Pūkenga reserves the right to cancel or postpone any of the programmes, and shall not be liable for any claim other than the proportion of programme fees that the cancelled portion bears. Some programmes may be dependent upon formal approval from NZQA (New Zealand Qualifications Authority), TEC (Tertiary Education Commission) funding allocation, and the number of enrolments. As part of the NZQA targeted review of all Level 1-6 New Zealand qualifications, there may still be changes to some programmes starting in 2024. Fees, programmes, entry and selection criteria, and dates, are subject to change. Please check the relevant programme pages at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz) for up-to-date information and full entry regulations before applying to enrol. Information regarding English language requirements is available on each course page at [whitireiaweltec.ac.nz](http://whitireiaweltec.ac.nz).